

FOR IMMEDIATE RELEASE:

## Delta, Colorado, May 7, 2020 – Delta County Daily Update

**UPDATED Testing Information:** Delta County Health Department is reporting 1 additional case today of a female in her 20's, who is self-isolating at home. This brings our total case count to 53, with 37 individuals now recovered

34 individuals have tested positive; 19 individuals have been in close contact with an individual who tested positive, and have experienced COVID-19 symptom, and one death is being reported.

To date, 510 tests have been administered in Delta County; 48 tests are pending.

### What is a close contact?

A close contact is defined as someone who is exposed to an individual who has tested positive for COVID-19, and is within 6 ft. for at least 10 minutes.

### How is a close contact determined?

Close contacts are determined once an individual test positive for COVID-19, via contact tracing through the local health department.

### What is contact tracing and why is it important?

People in close contact with someone who is infected with COVID-19, are at higher risk of becoming infected themselves, and of potentially further infecting others. Closely watching these contacts after exposure to an infected person will help the contacts to get care and treatment, and will prevent further transmission of the virus. This monitoring process is called contact tracing, which can be broken down into 3 basic steps:

- **Contact identification:** Once someone is confirmed as infected with a virus, contacts are identified by asking about the person's activities and the activities and roles of the people around them since onset of illness. Contacts can be anyone who has been in contact with an infected person: family members, work colleagues, friends, or health care providers.
- **Contact listing:** All persons considered to have contact with the infected person should be listed as contacts. Efforts should be made to identify every listed contact and to inform them of their contact status, what it means, the actions that will follow, and the importance of receiving early care if they develop symptoms. Contacts should also be provided with information about prevention of the disease. In some cases, quarantine or isolation is required for high risk contacts, either at home, or in hospital.
- **Contact follow-up:** Regular follow-up should be conducted with all contacts to monitor for symptoms and test for signs of infection.

### Colorado Symptom Tracker

The State health department launched a symptom tracker survey as part of statewide COVID-19 tracking. The symptom tracker will appear on the "[Do you have symptoms?](#)" webpage on the COVID-19 website. Data from the tracker will provide local public health agencies with data for their coverage area. This could help public health officials understand when outbreaks are occurring in given locations and, in some cases, follow up with certain individuals who may need additional support. Knowing about potential outbreaks more immediately can help inform decisions to take action at the local level. Delta County Residents are encouraged to call the Delta County Health Department at 970-874-2172 if they need assistance in filling out the symptom tracker; they are available Monday – Friday from 8:00 am – 5:00 pm.

### Delta County Business Recovery Center

To help facilitate the reopening process for businesses in Delta County, and to adhere to requirements set out in Governor Polis' "Safer at Home" Executive Order and State Public Health Orders, all businesses that haven't been open must complete and submit the **Checklist for Business/Facility Reopening**. *Approval of this form is not required to open your business.* A copy will be kept on file by the Health Department to demonstrate you are in compliance with CDPHE health requirements.

Guidelines for how you reopen your business can be found at <http://deltacounty.com/694/Business-Guidance>.

Information on Delta County's COVID Business Recovery Support Loan Fund can be found on Delta County's website at: <http://deltacounty.com/DocumentCenter/View/11641/Delta-County-Business-Loan-Fund-Packet>

**Mental Health Assistance:**

- Center for Mental Health: 970-252-6220 or text "Talk" to 38255
- A KIDZ Clinic: 970-874-2753 or Text: 970-901-0445
- Families Plus: 970-874-0464 or Text: 970-433-6835
- Colorado Crisis Hotline: 844-493-TALK (8255) or Text "Talk" to 38255

**Delta County Resources:**

- [www.deltacounty.com/COVID-19](http://www.deltacounty.com/COVID-19)
- [deltahospital.org/getpage.php?ame=Novel\\_Coronavirus\\_%28COVID-19%29](http://deltahospital.org/getpage.php?ame=Novel_Coronavirus_%28COVID-19%29)
- <https://covid19.colorado.gov/>
- [cdc.gov/coronavirus/2019-ncov/index.html](https://www.cdc.gov/coronavirus/2019-ncov/index.html)