

FOR IMMEDIATE RELEASE:

Delta, Colorado, April 27, 2020 – Delta County Daily Update

UPDATED Testing Information: Delta County Health Department is reporting 7 additional cases in Delta County, for a total of 33.

- Twenty-seventh case: Male, in his 20's, self-isolating at home
- Twenty-eight: Male, in his 40's, self-isolating at home **
- Twenty-nine: Male, in his 40's, self-isolating at home**
- Thirty: Female, in her 40's, self-isolating at home **
- Thirty-one: Female, in her 60's, self-isolating at home **
- Thirty-two: Female, in her 60's, self-isolating at home
- Thirty-three: Female, in her 60's, self-isolating at home

**Cases are a close contact to a confirmed case from another county, they have been in quarantine, they became symptomatic and tested positive.

Additional information: 13 individuals have recovered, and 1 death has been reported.

Delta County is seeing a rise in positive test results due increased testing; the Colorado Department of Public Health and Environment has modified the testing guidelines in allowing for asymptomatic individuals to be tested. To date, 236 tests have been administered at Delta County Memorial Hospital; not all tests are administered at Delta County Memorial Hospital.

What to do if you're sick:

- <https://covid19.colorado.gov/isolation-and-quarantine>
- Self-Isolate. If you develop a fever, cough or shortness of breath you may need to call your healthcare provider. Do not show up at a clinic, urgent care or the emergency department without calling ahead.
- Wear a mask and cover your cough or sneeze.
- Wash your hands frequently and don't share personal items (drinking glass or utensils) with others.
- If possible, sleep in a bedroom and use a bathroom that is not used by other household members.
- Getting rest and drinking plenty of fluids will likely be helpful for recovery.

Public Health officials also recommend residents prepare for an emergency that might require them to stay at home for several days, including having food supplies, water and medications.

Protect yourself:

- Stay at home: <https://covid19.colorado.gov/stay-home-except-essential-needs>
- Wear a mask when you leave your home or yard.
- Practice social distancing
 - Try to keep 6 feet between yourself and other people whenever possible, particularly when you or others are sick. No hugs, no handshakes.
 - Wash your hands regularly, especially before eating or touching your mouth and nose.
- Avoid close contact with people who are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

The Delta County Information Call Center, available at (970-874-2172) is open for calls Monday – Friday from 8:00a – 5:00p.

Safer at Home Order

Governor Polis' Stay at Home ordered has ended; we have moved into the Safer at Home phase. The order can be found at https://drive.google.com/file/d/1w4xfCKF3ELTULfpqLoASRofW_LRb2qlz/view. The Safer at Home order is set to expire 30 days from April 27 but can be amended or extended at any time. Changes happening during Safer at Home will be phased in, with different changes going into effect April 27, May 1 and May 4.

An updated Public Health Order was also issued by Jill Hunsaker Ryan, Executive Director of Public Health for the State of Colorado can be found at: <https://drive.google.com/file/d/1I13eSver8IS1fE149qmKHCLoHPgutNvO/view>.

Mental Health Assistance:

- Center for Mental Health: 970-252-6220 or text "Talk" to 38255
- A KIDZ Clinic: 970-874-2753 or Text: 970-901-0445
- Families Plus: 970-874-0464 or Text: 970-433-6835
- Colorado Crisis Hotline: 844-493-TALK (8255) or Text "Talk" to 38255

Delta County Resources:

- www.deltacounty.com/COVID-19
- deltahospital.org/getpage.php?ame=Novel_Coronavirus_%28COVID-19%29
- <https://covid19.colorado.gov/>
- cdc.gov/coronavirus/2019-ncov/index.html