

FOR IMMEDIATE RELEASE:

Delta, Colorado, April 3, 2020 – Colorado Department of Public Health & Environment (CDPHE) reports three additional cases of COVID-19 which brings Delta County to a total case count of four.

Delta, CO - Delta County Health Department is investigating its second, third and fourth case of COVID-19 in Delta County:

- The second case is a male in his 50s who is self-isolating at home.
- The third case is a female in her 60s who is a close contact with the second case and is self-isolating at home.
- The fourth case is a female in her 50s who is self-isolating at home.

For detailed information about statewide COVID-19 testing and results, please visit: <https://covid19.colorado.gov/case-data>. Please also note the CDPHE website may not have up-to-date results for Delta County. For an accurate case count for Delta County, please visit: <http://deltacounty.com/688/Coronavirus-19-COVID-19>. Testing is reported from Delta County Memorial Hospital, River Valley Family Health Center, Mesa and Montrose testing sites.

Karen O'Brien, Delta County Public Health Director, would like to remind the public the importance of hand washing, social distancing, and staying home as much as possible to minimize the community spread of COVID-19.

Delta County Memorial Hospital continues its efforts to test high priority patients, and frontline medical professionals to ensure full capacity of staff to treat not only those individuals who present with COVID-19 symptoms, but those battling Influenza A, Influenza B, RSV, and other medical treatments in the Emergency Department and in the hospital.

"Delta County, the municipalities, and all of our community partners have been working in tangent for weeks to prepare in every way to be on the ready for our response", said Delta County Administrator Robbie LeValley, "The community response to volunteering, and donating the critical items needed by First Responders is amazing, we are truly grateful."

Health officials want to remind Delta County residents of the precautions they can take towards slowing the spread of any virus that could impact their health, including COVID-19.

Protect yourself:

- Stay at home: <https://covid19.colorado.gov/stay-home-except-essential-needs>
- Practice social distancing
 - Try to keep 6 feet between yourself and other people whenever possible, particularly when you or others are sick. No hugs, no handshakes.
 - Wash your hands regularly, especially before eating or touching your mouth and nose.
- Avoid close contact with people who are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

What to do if you're sick:

- <https://covid19.colorado.gov/isolation-and-quarantine>
- Self-Isolate. If you develop a fever, cough or shortness of breath you may need to call your healthcare provider. Do not show up at a clinic, urgent care or the emergency department without calling ahead.
- Wear a mask or cover your cough or sneeze.
- Wash your hands frequently and don't share personal items (drinking glass or utensils) with others.
- If possible, sleep in a bedroom and use a bathroom that is not used by other household members.
- Getting rest and drinking plenty of fluids will likely be helpful for recovery.

Public Health officials also recommend residents prepare for an emergency that might require them to stay at home for several days, including having food supplies, water and medications.

The Delta County Information Call Center, available at (970-874-2172) is open for calls Monday – Friday from 8:00a – 5:00p.

If you have general questions about COVID-19, you may call the state's help line, CO HELP at 1-877-462-2911, or email COHELP@RMPDC.org or visit www.deltacounty.com/COVID-19.

For additional information on COVID-19, please visit the following resources:

- Colorado Department of Health and Environment page at: <https://www.colorado.gov/pacific/cdphe/2019-novel-coronavirus>
- Centers for Disease Control page at: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- For Regional Resources visit Mesa County Health Department's page at: <http://health.mesacounty.us>